

LUNCH MENU

Week 1



MONDAY

Soup

Root Vegetables & Rosemary
Homemade Bread
Seeds & Toppings

Mains

Creamy Tuscan Halal Chicken

Pasta & Jacket

Tuna Mayonnaise
Classic Pomodoro
Cheddar Cheese
Baked Beans

Plant Based

Baked Courgettes & Tomato
Gratin

Sides

Glazed Parsnips
Spicy Potato Wedges
Green Beans

Dessert of the Day

Spiced Pineapple Cake

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

TUESDAY

Soup

Roasted Cauliflower & Thyme
Homemade Bread
Seeds & Toppings

Mains

Bologna Beef Lasagna

Pasta & Jacket

Beef Chilli
Classic Pomodoro
Baked Potato and Sweet Potato
Baked Beans

Plant Based

Soya Mince Con Carne
Corn Nachos
Peri Peri Cauliflower Wings

Sides

Garlic Roasted Broccoli
Charred Corn on the Cob
Warm Barley Salad

Dessert of the Day

Apple Crumble with Custard

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

WEDNESDAY

Soup

Sweetcorn
Homemade Bread
Seeds & Toppings

Mains

British Pride
Halal Chicken Tikka Masala

Pasta & Jacket

Soya Mince Corn Carne
Classic Pomodoro
Cheddar Cheese
Baked Beans

Plant Based

Chickpea and Allu Curry
(Vegan)

Sides

Basmati Rice
Steamed Greens
Onion Bhajis

Dessert of the Day

Chocolate and Beetroot Brownie

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

THURSDAY

Soup

Winter Vegetable
Homemade Bread
Seeds & Toppings

Mains

Honey Glazed Gammon with
House Gravy

Pasta & Jacket

Curried Halal Chicken
Classic Pomodoro
Baked Potato and Sweet Potato
Baked Beans
Tuna Mayo

Plant Based

Vegan Sausage Casserole
with House Gravy

Mixed Vegetable Fricassee

Sides

Seasonal Vegetables
Creamy Potato Mash
Honey Glazed Carrots

Dessert of the Day

Mixed Berries Cheesecake

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

FRIDAY

Soup

Broccoli and Spinach
Homemade Bread
Seeds & Toppings

Mains

Southern Fried
Halal Chicken Burger

Pasta & Jacket

Smoked Mackerel Carbonara
Classic Pomodoro
Cheddar Cheese
Baked Beans

Plant Based

Spicy Bean Burger

Sides

Seasoned Fries
Chunky Slaw
Garden Peas
Iceberg
Tomato Salsa

Dessert of the Day

Lemon and Rosemary
Polenta Cake

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

MONDAY

Soup

Tomato, Basil & Roasted Garlic
Homemade Bread
Seeds & Toppings

Mains

Beef Stroganoff

Pasta & Jacket

Ham Carbonara
Classic Pomodoro
Cheddar Cheese
Baked Beans

Plant Based

Soya & Garden Vegetable
Stroganoff

Aubergine Moussaka

Sides

Spaghetti
Broccoli
Rocket and Parmesan
Garlic Bread

Dessert of the Day

Mixed Berry Fool

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

TUESDAY

Soup

Mushroom and Thyme
Homemade Bread
Seeds & Toppings

Mains

Sausages and Mash
with Caramelised Onion Gravy

Pasta & Jacket

Classic Pomodoro
Baked Potato or Sweet Potato
Baked Beans
Tuna Mayo

Plant Based

Winter Vegetable Stew

Sweet and Sour Sticky Tofu
Kebab

Sides

Green Beans
Warm Quinoa Salad
Harissa Cabbage

Dessert of the Day

Banana Cheesecake

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

WEDNESDAY

Soup

Manchow
Homemade Bread
Seeds & Toppings

Mains

Thai Green Halal Chicken Curry

Pasta & Jacket

Smoky Halal Chicken &
Chickpeas
Classic Pomodoro
Cheddar Cheese
Baked Beans

Plant Based

Tofu Thai Green Curry

Sides

Coconut Rice
Stir Fry Vegetables
Pak Choi Chilli

Dessert of the Day

Courgettes and Lemon Cake

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

THURSDAY

Soup

Mulligatawny
Homemade Bread
Seeds & Toppings

Mains

Lebanese Style Minced Lamb
with Khobez, Salads and Sauces

Pasta & Jacket

Classic Pomodoro
Baked Potato or Sweet Potato
Baked Beans
Pan Asian Halal Chicken

Plant Based

Chickpea Falafel with Khobez
Salads and Sauces

Mixed Bean Cassoulet

Sides

Spicy Potato Wedges
Corn and Peppers
Jumbo Couscous Salad

Dessert of the Day

Sultana and Honey Flapjack

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

FRIDAY

Soup

Spinach and Watercress
Homemade Bread
Seeds & Toppings

Mains

Jumbo Fish Finger Bap,
Tartare Sauce

Pasta & Jacket

Lamb Mince
Classic Pomodoro
Cheddar Cheese
Baked Beans

Plant Based

Cajun Tofu & Charred Pepper
Fajita

Sides

Chip Shop Chips
Curry Sauce
Mushy Peas
Garden Peas

Dessert of the Day

Pears and Mixed Berry Crumble.

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

LUNCH MENU

Week 3



MONDAY

Soup

Butternut Squash & Coconut
Homemade Bread
Seeds & Toppings

Mains

Halal Chicken and Leek Pie

Pasta & Jacket

Mixed Bean Cassoulet
Classic Pomodoro
Baked Potato or Sweet Potato
Baked Beans
Cheddar Cheese

Plant Based

Veggie Balls
baked in Tomato Sauce

Sides

Chive Buttered New Potatoes
Broccoli
Kansas Slaw

Dessert of the Day

Salted Caramel Cheesecake

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

TUESDAY

Soup

Leek, Potato & Chive
Homemade Bread
Seeds & Toppings

Mains

Lamb Bolognaise

Pasta & Jacket

BBQ Halal Chicken
Classic Pomodoro
Baked Potato or Sweet Potato
Baked Beans
Cheddar Cheese

Plant Based

Spinach, Sweet Potato and
Peppers Tortilla

Vegetable Lasagne

Sides

Steamed Rice
Garden Peas
Rocket & Parmesan
Garlic bread

Dessert of the Day

Lemon Drizzle Cake

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

WEDNESDAY

Soup

Broccoli Stilton
Homemade Bread
Seeds & Toppings

Mains

Halal Chicken Dum Biryani

Pasta & Jacket

Lamb Chilli
Classic Pomodoro
Baked Potato or Sweet Potato
Baked Beans
Cheddar Cheese

Plant Based

Vegetable Dum Biryani

Sides

Stir Fried Vegetables
Mint and Cucumber Raita
Onion Bhaji

Dessert of the Day

Rice Pudding

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

THURSDAY

Soup

Pea & Watercress
Homemade Bread
Seeds & Toppings

Mains

Beef Meatballs & Pasta

Pasta & Jacket

Curried Halal Chicken
Classic Pomodoro
Baked Potato or Sweet Potato
Baked Beans
Cheddar Cheese

Plant based

BBQ Quorn and Grilled
Vegetables Quesadilla

Chickpea & Spinach Millefille

Sides

Chunky Slaw
Sautéed Courgette & Peppers
Paprika Roast Corn Cobs

Dessert of the Day

Orange & Polenta Cake

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots

FRIDAY

Soup

French Onion
Homemade Bread
Seeds & Toppings

Mains

Hand Battered Fish,
Tartare, Lemon

Pasta & Jacket

Creamy Pesto
Classic Pomodoro
Cheddar Cheese
Baked Beans

Plant Based

Vegan Sausage Roll

Sides

Mushy Peas
Garden Peas
Baked Beans
Chunky Chips

Dessert of the Day

Warm Cookie Bar

Dessert of the Day

Selection of Yoghurts, Jellies,
Fruit Pots