

# LUNCH MENU

Week 1



## MONDAY

**Soup**  
Root Vegetables & Rosemary  
Homemade Bread  
Seeds & Toppings

**Mains**  
Creamy Tuscan Halal Chicken

**Pasta & Jacket**  
Tuna Mayonnaise  
Classic Pomodoro  
Cheddar Cheese  
Baked Beans

**Plant Based**  
Baked Courgettes & Tomato Gratin

**Sides**  
Glazed Parsnips  
Spicy Potato Wedges  
Green Beans

**Dessert of the Day**  
Spiced Pineapple Cake

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## TUESDAY

**Soup**  
Roasted Cauliflower & Thyme  
Homemade Bread  
Seeds & Toppings

**Mains**  
Bologna Beef Lasagna

**Pasta & Jacket**  
Beef Chilli  
Classic Pomodoro  
Baked Potato and Sweet Potato  
Baked Beans

**Plant Based**  
Soya Mince Con Carne  
Corn Nachos  
Peri Peri Cauliflower Wings

**Sides**  
Garlic Roasted Broccoli  
Charred Corn on the Cob  
Warm Barley Salad

**Dessert of the Day**  
Apple Crumble with Custard

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## WEDNESDAY

**Soup**  
Sweetcorn  
Homemade Bread  
Seeds & Toppings

**Mains**  
British Pride  
Halal Chicken Tikka Masala

**Pasta & Jacket**  
Soya Mince Corn Carne  
Classic Pomodoro  
Cheddar Cheese  
Baked Beans

**Plant Based**  
Chickpea and Allu Curry  
(Vegan)

**Sides**  
Basmati Rice  
Steamed Greens  
Onion Bhajis

**Dessert of the Day**  
Chocolate and Beetroot Brownie

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## THURSDAY

**Soup**  
Winter Vegetable  
Homemade Bread  
Seeds & Toppings

**Mains**  
Honey Glazed Gammon with House Gravy

**Pasta & Jacket**  
Curried Halal Chicken  
Classic Pomodoro  
Baked Potato and Sweet Potato  
Baked Beans  
Tuna Mayo

**Plant Based**  
Vegan Sausage Casserole with House Gravy  
  
Mixed Vegetable Fricassee

**Sides**  
Seasonal Vegetables  
Creamy Potato Mash  
Honey Glazed Carrots

**Dessert of the Day**  
Mixed Berries Cheesecake

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## FRIDAY

**Soup**  
Broccoli and Spinach  
Homemade Bread  
Seeds & Toppings

**Mains**  
Southern Fried Halal Chicken Burger

**Pasta & Jacket**  
Smoked Mackerel Carbonara  
Classic Pomodoro  
Cheddar Cheese  
Baked Beans

**Plant Based**  
Spicy Bean Burger

**Sides**  
Seasoned Fries  
Chunky Slaw  
Garden Peas  
Iceberg  
Tomato Salsa

**Dessert of the Day**  
Lemon and Rosemary Polenta Cake

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

# LUNCH MENU

Week 2



## MONDAY

**Soup**  
Tomato, Basil & Roasted Garlic  
Homemade Bread  
Seeds & Toppings

**Mains**  
Beef Stroganoff

**Pasta & Jacket**  
Ham Carbonara  
Classic Pomodoro  
Cheddar Cheese  
Baked Beans

**Plant Based**  
Soya & Garden Vegetable  
Stroganoff  
  
Aubergine Moussaka

**Sides**  
Spaghetti  
Broccoli  
  
Rocket and Parmesan  
Garlic Bread

**Dessert of the Day**  
Mixed Berry Fool

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## TUESDAY

**Soup**  
Mushroom and Thyme  
Homemade Bread  
Seeds & Toppings

**Mains**  
Sausages and Mash  
with Caramelised Onion Gravy

**Pasta & Jacket**  
Classic Pomodoro  
Baked Potato or Sweet Potato  
Baked Beans  
Tuna Mayo

**Plant Based**  
Winter Vegetable Stew  
  
Sweet and Sour Sticky Tofu  
Kebab

**Sides**  
Green Beans  
Warm Quinoa Salad  
Harissa Cabbage

**Dessert of the Day**  
Banana Cheesecake

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## WEDNESDAY

**Soup**  
Manchow  
Homemade Bread  
Seeds & Toppings

**Mains**  
Thai Green Halal Chicken Curry

**Pasta & Jacket**  
Smoky Halal Chicken &  
Chickpeas  
Classic Pomodoro  
Cheddar Cheese  
Baked Beans

**Plant Based**  
Tofu Thai Green Curry

**Sides**  
Coconut Rice  
Stir Fry Vegetables  
Pak Choi Chilli

**Dessert of the Day**  
Courgettes and Lemon Cake

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## THURSDAY

**Soup**  
Mulligatawny  
Homemade Bread  
Seeds & Toppings

**Mains**  
Lebanese Style Minced Lamb  
with Khobez, Salads and Sauces

**Pasta & Jacket**  
Classic Pomodoro  
Baked Potato or Sweet Potato  
Baked Beans  
Pan Asian Halal Chicken

**Plant Based**  
Chickpea Falafel with Khobez  
Salads and Sauces  
  
Mixed Bean Cassoulet

**Sides**  
Spicy Potato Wedges  
Corn and Peppers  
Jumbo Couscous Salad

**Dessert of the Day**  
Sultana and Honey Flapjack

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## FRIDAY

**Soup**  
Spinach and Watercress  
Homemade Bread  
Seeds & Toppings

**Mains**  
Jumbo Fish Finger Bap,  
Tartare Sauce

**Pasta & Jacket**  
Lamb Mince  
Classic Pomodoro  
Cheddar Cheese  
Baked Beans

**Plant Based**  
Cajun Tofu & Charred Pepper  
Fajita

**Sides**  
Chip Shop Chips  
Curry Sauce  
Mushy Peas  
Garden Peas

**Dessert of the Day**  
Pears and Mixed Berry Crumble.

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

# LUNCH MENU

Week 3



## MONDAY

**Soup**  
Butternut Squash & Coconut  
Homemade Bread  
Seeds & Toppings

**Mains**  
Halal Chicken and Leek Pie

**Pasta & Jacket**  
Mixed Bean Cassoulet  
Classic Pomodoro  
Baked Potato or Sweet Potato  
Baked Beans  
Cheddar Cheese

**Plant Based**  
Veggie Balls  
baked in Tomato Sauce

**Sides**  
Chive Buttered New Potatoes  
Broccoli  
Kansas Slaw

**Dessert of the Day**  
Salted Caramel Cheesecake

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## TUESDAY

**Soup**  
Leek, Potato & Chive  
Homemade Bread  
Seeds & Toppings

**Mains**  
Lamb Bolognase

**Pasta & Jacket**  
BBQ Halal Chicken  
Classic Pomodoro  
Baked Potato or Sweet Potato  
Baked Beans  
Cheddar Cheese

**Plant Based**  
Spinach , Sweet Potato and  
Peppers Tortilla

Vegetable Lasagne

**Sides**  
Steamed Rice  
Garden Peas  
Rocket & Parmesan  
Garlic bread

**Dessert of the Day**  
Lemon Drizzle Cake

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## WEDNESDAY

**Soup**  
Broccoli Stilton  
Homemade Bread  
Seeds & Toppings

**Mains**  
Halal Chicken Dum Biryani

**Pasta & Jacket**  
Lamb Chilli  
Classic Pomodoro  
Baked Potato or Sweet Potato  
Baked Beans  
Cheddar Cheese

**Plant Based**  
Vegetable Dum Biryani

**Sides**  
Stir Fried Vegetables  
Mint and Cucumber Raita  
Onion Bhaji

**Dessert of the Day**  
Rice Pudding

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## THURSDAY

**Soup**  
Pea & Watercress  
Homemade Bread  
Seeds & Toppings

**Mains**  
Beef Meatballs & Pasta

**Pasta & Jacket**  
Curried Halal Chicken  
Classic Pomodoro  
Baked Potato or Sweet Potato  
Baked Beans  
Cheddar Cheese

**Plant based**  
BBQ Quorn and Grilled  
Vegetables Quesadilla

Chickpea & Spinach Millefille

**Sides**  
Chunky Slaw  
Sautéed Courgette & Peppers  
Paprika Roast Corn Cobs

**Dessert of the Day**  
Orange & Polenta Cake

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots

## FRIDAY

**Soup**  
French Onion  
Homemade Bread  
Seeds & Toppings

**Mains**  
Hand Battered Fish,  
Tartare, Lemon

**Pasta & Jacket**  
Creamy Pesto  
Classic Pomodoro  
Cheddar Cheese  
Baked Beans

**Plant Based**  
Vegan Sausage Roll

**Sides**  
Mushy Peas  
Garden Peas  
Baked Beans  
Chunky Chips

**Dessert of the Day**  
Warm Cookie Bar

**Dessert of the Day**  
Selection of Yoghurts, Jellies,  
Fruit Pots