

WEEKLY MENU Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning snack...	Freshly Cut Seasonal Fruit	Freshly Cut Seasonal Fruit With Mini Pizza Bite	Freshly Cut Seasonal Fruit With Cheese Scone	Freshly Cut Seasonal Fruit With Cinnamon Pinwheel	Freshly Cut Seasonal Fruit
Dish of the day...	Mac & Cheese	Caribbean Curried Lamb	Halal Chicken Katsu Curry	BBQ Halal Chicken	Breaded Cod
Vegetarian...	Bombay Potato & Pea Wrap	Ratatouille Lasagna	Tofu Katsu Curry	Aubergine Moussaka	Margherita Pizza
On the side...	Roasted Mushroom, Grilled Tomato, Green Beans	Pilaf Rice , Sauteed Greens, Steamed Mixed Vegetables	Jasmine Rice, Steamed Broccoli and Cauliflower	Spicy Potato Wedges, Slow Roasted Tomato, Grilled Peppers	Chips, Sweetcorn and Peas
Help Yourself To...	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit
Dessert...	Apple Crumble with Vanilla Custard	Strawberry Jelly	Mango Cheesecake	Fresh Mixed Fruit	Blueberry & Banana Smoothie

Jacket potatoes and baked beans available daily upon request
For all allergen advice please email School Office.

WEEKLY MENU

Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning snack...	Freshly Cut Apple & Banana	Freshly Cut Fruit Salad with Cheese & Tomato Twist	Freshly Cut Pineapple & Melon Sticks with Freshly Baked Scones & Strawberry Jam	Fresh Fruit Trio with Apple & Currants Flapjack	Freshly Sliced Fruits
Dish of the day...	Roasted Turkey	Mexican Bean Rice	Halal Chicken Mumbai Local Curry	Beef Bolognaise	Cod Fish Fingers Tartare Sauce
Vegetarian...	Vegetable Paella	Creamy Tomato Pasta Bake	Aloo Mattar	Quorn & Lentils Bolognaise	Vegetable Bean Burger
On the side...	Yorkshire Pudding Steamed Broccoli Gravy	Buttered Green Beans Sweetcorn	Basmati Rice, Kachumber Salad Poppadum Raita	Spaghetti Roasted Peppers & Courgettes	Hand Cut Chips Baked Beans Garden Peas
Help Yourself To...	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit
Dessert...	Orange Sponge Cake	Strawberry Jelly	Chocolate Chip Cookie	Tropical Fruit Salad	Rice Pudding

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WEEKLY MENU Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning snack...	Tropical Fruit Salad	Melon Wedges with Toasted Cheese & Tomato Sandwich	Pineapple Sticks with Mini Croissant	Tropical Sliced Fruits with Garlic Bread	Fruits & Custard
Dish of the day...	Halal Chicken Sweet & Sour Pan Asian Style	Lamb Mattar Keema	Halal Chicken Thighs with Thyme & Lemon	Beef Lasagna	Battered Fish Tartare Sauce
Vegetarian...	Sweet & Sour Tofu Pan Asian Style	Corn Granules Mattar Keema	Chickpeas & Vegetables Stuffed Aubergine Gratin	Winter Vegetable Lasagne	Vegetable Hot Dog
On the side...	Noodles Stir-fry Vegetables	Jeera Rice Naan Bread Cucumber Yoghurt Poppadum	Roasted Potatoes Broccoli	Roasted Cauliflower Steamed Carrots	Chips Coleslaw Mushy Peas
Help Yourself To...	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit	A Selection Of Crudites, Fresh Bread, Natural Yoghurt Pots And Seasonal Fruit
Dessert...	Banana Smoothie	Vanilla Cheesecake	Chocolate & Beetroot Brownie	John Lyon Fruit Mess	Pineapple Upside Down Cake

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